

**FOR IMMEDIATE RELEASE**  
**September 2, 2005**

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**WASHOE COUNTY SEES FIRST HUMAN CASE OF WEST NILE VIRUS**

The Washoe County District Health Department has received notification of the first human case of West Nile Virus infection in a Washoe County resident under the age of 50, according to Michelle Kling, Acting District Health Officer. "The District Health Department is reminding the residents of Washoe County to continue to take personal precautions, even though temperatures are dropping," Kling stated.

Area residents should take the following precautions now and through fall months to prevent the breeding of mosquitoes in and around their homes and to prevent being bitten:

- Clear the yard of any free-standing water that may become a mosquito breeding-ground, like tires and wading pools
  - Wear long sleeves and long pants in mosquito prone areas
  - Use mosquito repellant containing DEET and follow label precautions
- Avoid outdoor activities at dusk and dawn when mosquitoes are most active
  - Repair window screens that provide entry for mosquitoes
  - Vaccinate horses for Western Equine Encephalitis (WEE)
    - Vaccinate horses for West Nile Virus (WNV)
- Report nighttime mosquito activity to the District Health Department at 328-2434

**-more-**

## **WNV HUMAN CASE**

**2-2-2-2-2**

Kling added that any individual who has symptoms of WNV illness, such as unusually severe headaches or confusion, should seek medical attention immediately. Mild WNV symptoms include fever, body aches, headaches and other flu-like symptoms, and do not necessarily require immediate medical evaluation.

For more information, please visit our web site at [www.co.washoe.nv.us/health](http://www.co.washoe.nv.us/health) or [www.cdc.org](http://www.cdc.org) or please call 328-2434.

**-30-**

### **SPECIAL NOTE TO THE MEDIA:**

Telephone numbers for West Nile Virus:

Washoe County: 775-328-2434

Department of Agriculture: 775-688-1182, Ext. 231

Clark County – West Nile Hotline: 702-759-1220

Carson City: 775-887-2190

Telephone numbers for public health questions:

Statewide: 1-888-608-4623

Carson City: 775-887-2190

Clark County – West Nile Hotline: 702-759-1220

Animal Health Questions:

Statewide: 775-688-1182, Ext. 232